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## J. DAVID KAAZ MEMORIAL CAMPUS

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500 Limit Street  
Leavenworth, KS 66048  
Phone: (913) 682-5118  
Fax: (913) 682-4664

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## ATCHISON COUNTY CENTER

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201 Main Street  
Atchison, KS 66002  
Phone: (913) 367-1593  
Fax: (913) 367-1627

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## JEFFERSON COUNTY CENTER

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1102 Walnut Street, P.O. Box 127  
Oskaloosa, KS 66066  
Phone: (785) 863-2929  
Fax: (785) 863-2972

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## EMERGENCY SERVICES

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Business hours: (913) 682-5118  
After hours: (888) 260-9634  
Compassionate Ear Warm Line:  
5-10pm, 7 nights per week  
(913) 281-2251 or  
toll free (866) 927-6327

### OUR MISSION

The Guidance Center promotes healthy communities by providing integrated behavioral health care services and partnering in the delivery of general healthcare to those we serve.

### OUR VISION

We envision a healthy community of people who can access and benefit from state of the art integrated health care which results in an enhanced quality of life for all.

### OUR GUIDING PRINCIPLES

We will provide accountable and value-based prevention, early intervention, recovery, and wellness-oriented behavioral health care services and supports. Our services will be readily accessible and outcome driven.

We will provide our services in the least restrictive environment possible without compromising quality care.

We practice integrated health care. Community partnerships are central to positive client outcomes.

We are a customer-first organization where quality of services, integrity and ethics are never compromised.

Our priority is to serve the residents of Atchison, Jefferson, and Leavenworth counties.

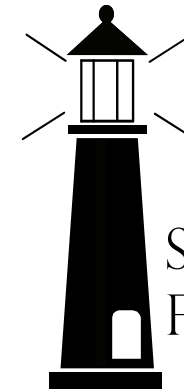
We will not deny services due to genuine inability to pay.

Core services defined by licensing standards will be accessible to every resident of the three county areas. The involvement of clients and their families is essential to providing responsive, accessible, and culturally competent services.

As a learning organization, we continuously assess and improve our processes and performance.

We are committed to providing a mutually supportive work environment that encourages engagement, growth, and performance excellence.

We will be in legal and regulatory compliance and fiscally responsible.



SERVICES  
FOR ADULTS

THE GUIDANCE CENTER

*Promoting healthy communities*

SERVING ATCHISON, JEFFERSON, &  
LEAVENWORTH COUNTIES

WWW.THEGUIDANCE-CTR.ORG

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## SERVICES FOR ADULTS

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Most of us have times in our lives when we feel overwhelmed and wonder how we can cope with changes, losses, or feelings which may seem more intense or troublesome than is usual for us. These can be normal parts of life's ups and downs; often these are times when we overcome challenges and accomplish personal growth and positive change. However, if these troubling feelings or reactions persist, they may begin to interfere with our typical way of managing our lives. People may benefit from professional guidance as they learn to understand the feelings they are experiencing, and make positive choices so that they can feel they are once again in charge of their lives.

The Guidance Center's services for adults include therapy and psychiatry services, substance abuse recovery services, psychological testing and evaluations, and specialized services designed to meet the needs of those individuals suffering from serious mental illness.

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## OUTPATIENT THERAPY

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A wide variety of problems are addressed in outpatient therapy, including depression, anxiety, trauma, marital problems, parent-child problems, sexual problems, and anger management difficulties. Treatment is solution-focused and may be brief or extended, based upon your needs. Services are also available for divorcing or separating parents, including parenting education and mediation.

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## PSYCHIATRY SERVICES

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Many mental health problems, such as depression, anxiety, bipolar disorder, schizophrenia, or attention deficit disorder can have physical origins. Proper medication can help alleviate symptoms and, in some cases, is essential for improvement. The Guidance Center's psychiatry services include psychiatric assessments, medication prescription, and medication management. Individuals should schedule an appointment for an initial visit with an outpatient therapist. The therapist can then arrange a referral to an appropriate psychiatrist.

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## RECOVERY SERVICES

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The Guidance Center is licensed by the State of Kansas to provide outpatient addiction services, including alcohol & drug evaluation, treatment, education, & relapse prevention for adults & adolescents. Following an initial assessment, treatment could include individual or group treatment, or therapy with an appropriate clinician. Participation in specialized groups may also be recommended.

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## TESTING & EVALUATIONS

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Psychological evaluations include psychological testing, clinical interview, and a review of records necessary to address questions regarding an individual's psychological functioning and possible needs for treatment. Additionally, parenting assessments and forensic services, including evaluations for law enforcement officers and competency to stand trial, are available.

The fee for a parenting assessment is \$100 per hour with a minimum of 10 hours for one parent and one child. We have created a modified sliding fee scale for parents who are financially disadvantaged. The total balance for testing must be paid by the second visit of the evaluation or no further sessions will be scheduled. **We cannot schedule appointments for the evaluation to begin until the client has made at least the initial payment.**

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## SPECIALIZED SERVICES FOR ADULTS

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**Community Support Services (CSS)** are delivered to adults ages 18 and older who have experienced significant mental health problems, are at high risk for psychiatric hospitalization or out-of-home placement, and have severe and persistent mental illness (SPMI) as defined by the State of Kansas. These individuals typically require more intensive mental health support services to maintain employment and/or residency in a community, thus reducing the need for psychiatric hospitalization.

Services are focused on supporting the community living, employment, and education of individuals and include case management, psychosocial programs, and a supported employment program. **Adult case managers** assist each client to define his or her personal strengths and goals and meet with the client at home or in a community setting for goal-directed work.

The **Adult Psychosocial Program** is offered Monday through Friday at the J. David Kaaz Memorial Campus and includes van transportation across all three counties at no cost to clients. APP focuses on promoting and strengthening the daily living skills of each participant in all life areas, including managing symptoms, strengthening self-esteem, acquiring new outlets for socialization, expanding community involvement, improving personal relationships, and gaining new social skills.

**Supported Employment** is available for all adult SPMI residents of Atchison, Jefferson, and Leavenworth Counties who are looking for competitive, meaningful work opportunities and are receiving specialized services at The Guidance Center.

The program serves individuals with a wide range of job skills, work experiences, and educational backgrounds who are quali-

fied for positions ranging from entry-level to specialized work. Individuals are supported in their employment search and receive training to further develop job skills. Both employers and employees receive assistance during the hiring process, orientation, and training.

**For more information on CSS, please contact the J. David Kaaz Memorial Campus.**

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## OUR SERVICE PROVIDERS

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The Guidance Center's services are delivered by a team of mental health professionals crucial to the success of the treatment program. Staff are compassionate and understand the physical and emotional factors that contribute to sound mental health. Skilled professionals on our staff include adult and child psychiatrists, nurse practitioners, clinical social workers, psychologists, certified alcohol/drug counselors, adult & youth case managers, mediators, attendants and parent/caregiver support workers.

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## ACCESSING SERVICES

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Services are available for all residents of Atchison, Jefferson, and Leavenworth Counties. Specialized services for children are available for those youth meeting the criteria for serious emotional disturbance (SED) as defined by the State of Kansas. Specialized services for adults are available for those adults meeting the criteria for severe and persistent mental illness (SPMI) as defined by the State of Kansas. Appointments can be made over the telephone or by coming in to one of our locations, which ever is more convenient.

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## FEEES FOR SERVICES

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Many health insurance plans include coverage for mental health and substance abuse services. The type and extent of mental health coverage may vary greatly. Our staff will be happy to assist you with contacting your insurance provider to determine if the Center is a provider on your plan.

For those individuals who do not have insurance, fees are adjusted based upon family income and family size, with funding made possible by state and local sources.

The Guidance Center will not deny necessary and appropriate services to anyone based solely on the consumer's inability to pay for those services. Fees charged by the Center may be adjusted or reduced in compliance with K.A.R. 30-60-64. Ask to speak with a Clinic Administrator if your fee presents a hardship for you.