

MESSAGE FROM THE EXECUTIVE DIRECTOR

The Guidance Center celebrated 80 years of service to Atchison, Jefferson, and Leavenworth counties in 2018! We celebrated this milestone with a community meeting attended by many local officials as well as KDADS Secretary Tim Keck. Secretary Keck provided us with a proclamation from the Governor recognizing our achievements. I am proud to have served this organization with so many others since 1938.



Each year I write this annual message, my desire is to proclaim all of the wonderful advancements, achievements, service expansions, and quality improvements that have occurred during the year. And indeed we did serve a lot of people and we saw a lot of improvements in their behavioral health. Our staff were just as committed as ever and demonstrated their caring for our clients and our agency. I can attest that TGC has some of the best clinicians and paraprofessional staff anywhere in the State.

I also want to say thank you to the County Commissioners of our three county cooperative who have heard my concerns and worked to enhance our funding to meet the growing demands that we encounter each day.

However, throughout the year I went to meeting after meeting listening to our community leaders share their concerns about gaps in service. Some of those concerns were around youth and schools and the rising incidence of suicide attempts, and unfortunately, some completions.

I also listened to law enforcement, corrections, homeless shelters, and hospital emergency room staff as they worked to manage the mentally ill who could not find their way into a State Hospital bed at Osawatomie due to its fifth year of moratorium on admissions. Patients continue to languish in emergency rooms and even jail cells waiting for inpatient beds to open up. The cost to our local communities of providing this substandard care in inappropriate settings is staggering.

But without increased support from our State and Federal lawmakers, we can't expect much to change. We need for the Kansas Legislature to fund an additional forty beds at Osawatomie State Hospital so that both voluntary and involuntary indigent patients can find healing. We also need State grants to be restored to the level of contributions last seen in 2008! Kansas needs Medicaid expansion so that 34% of TGC's uninsured clients might have a chance of receiving medical coverage to improve their overall health, including their mental health. TGC writes off over \$1 million dollars in uncompensated care each year, and Medicaid expansion could help to fill this funding gap. Will this expansion cost money to Kansas taxpayers? Absolutely, but it won't be more than is being spent now in emergency room visits and incarcerating the mentally ill.

I want to end this message by saying I am thankful to our many community partners, as well as donors, who have stepped up to be the voice for expanded behavioral healthcare in our communities. It will take grass root supports to change things in Topeka so that our citizens can receive the care they need and deserve. But I am hopeful that my 2019 message will be filled with good news of expanded and improved care for our citizens.

Keith Rickard, MS, MBA, LCP
Executive Director

TGC EXECUTIVE TEAM

Executive Director -

Keith Rickard, MS, LCP, MBA

Medical Director -

William Warnes, MD

Clinical Director -

Jason Malousek, Psy.D, LP, T-LMAC

Community Based Services Director -

Johantha Adams, LMSW

Community Support Services Director -

Thomas Perdue, Psy.D, t-LMLP

Recovery Services Director-

Lindsey Colburn-Malousek, Psy.D., LP, T-LMAC

Finance Director -

Jerry McDonald, MA

Human Resource Director -

Kristin Robinson, PHR

Access Clinic Director -

Steve Stiel, LSCSW

Atchison Clinic Administrator -

Johnette Clark, PhD, LP

Oskaloosa Clinic Administrator -

Lance Lewis, LMSW

2018 DONORS

The Guidance Center Staff and Board of Directors wish to express our gratitude to the individuals and businesses who provide financial support to The Guidance Center. Your 2018 total contribution of \$34,044.98 will enable us to provide prevention and education services for individuals and families in our communities.

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Advantage Printing

Blue Cross Blue Shield

Commerce Bank

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Geiger Ready Mix Foundation

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James Byrne

Jerry Gies

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Martin and Aggie Asher

Myron and Deborah Griswold

Pat and Jana Happer

Robert Doran

Stephen and Kathy Meyer

The Reilly Holding Company

Westar Energy Foundation

Westside Family Church

MESSAGE FROM THE PRESIDENT OF THE BOARD

Successfully adapting to continuing economic and political changes impacting the delivery of mental health services, The Guidance Center provided essential integrated behavioral health care to the citizens of Atchison, Jefferson, and Leavenworth counties throughout 2018. The Center responded with agility to fiscal and operational challenges while providing 113,000 units of mental health services to over 4900 clients. Most importantly, we continued to operate under funding constraints without eliminating or restricting any needed services.



An integral part of the Kansas community mental health system, the Center partners with the State in ensuring a quality safety net of services is in place. Last year over 31% of our clients were uninsured, and past funding reductions made it increasingly difficult to meet the needs of members of our community neither privately insured nor eligible for Medicaid. Fortunately, our State Legislators continue to demonstrate interest in the needs of the mental health system and are considering options to meet funding shortfalls and improve the overall system of care. And in 2018 we received increased County funding - an indication that our role in enhancing the long-term quality of life within our communities is understood and supported.

The outpatient mental health and addiction treatment, psychiatry services, and community support services that the Center provides are essential to both the immediate health and long-term well-being of our clients. Adequate funding continues to be a serious challenge, but the Center does an excellent job identifying and addressing community mental health needs while serving as a careful steward of public funds.

On behalf of The Guidance Center's governing board, I wish to commend the leadership and staff of the Center for the dedication, professionalism, and compassion they demonstrate daily. The Center met the challenges of 2018 and is now positioned for continued success as we move into our ninth decade of providing mental health services.

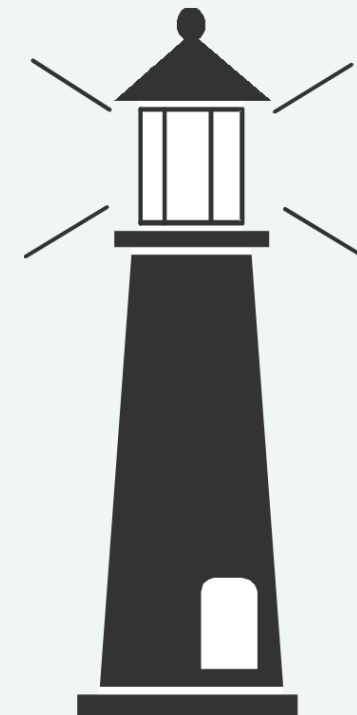
Jay Byrne

President, The Guidance Center Board of Directors

THE GUIDANCE CENTER

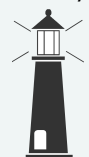
Our Vision

We envision a healthy community of people who can access and benefit from state of the art integrated healthcare which results in an enhanced quality of life for all.



Our Mission

The Guidance Center promotes healthy communities by providing integrated behavioral healthcare services and partnering in the delivery of general healthcare to those we serve.



THE GUIDANCE CENTER

500 Limit St., Leavenworth, KS 66048 - 913-682-5118

201 Main St., Atchison, KS 66002 - 913-367-1593

1102 Walnut St., Oskaloosa, KS 66066 - 785-863-2929

www.mytgc.org

2018 ANNUAL REPORT

2018 BOARD OF DIRECTORS

Atchison County Aggie Asher, Vice President Megan Schuele Sean Crittendon Diana Gaddis	Jefferson County Pat Happer Dr. Loren Lutes, Treasurer Dr. Tim Marshall	Leavenworth County Jay Byrne, President Laura Batson, Secretary Anne-Marie Short Jerry Gies
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CLIENTS SERVED BY COUNTY (UNDUPLICATED)	2017	2018
Atchison County Residents	1,066	1,092
Jefferson County Residents	614	630
Leavenworth County Residents	2,684	2,835
Out of County Residents	384	439
TOTAL SERVED EXCLUDING NON-COUNTY RESIDENTS	4,364	4,557
TOTAL SERVED	4,748	4,996

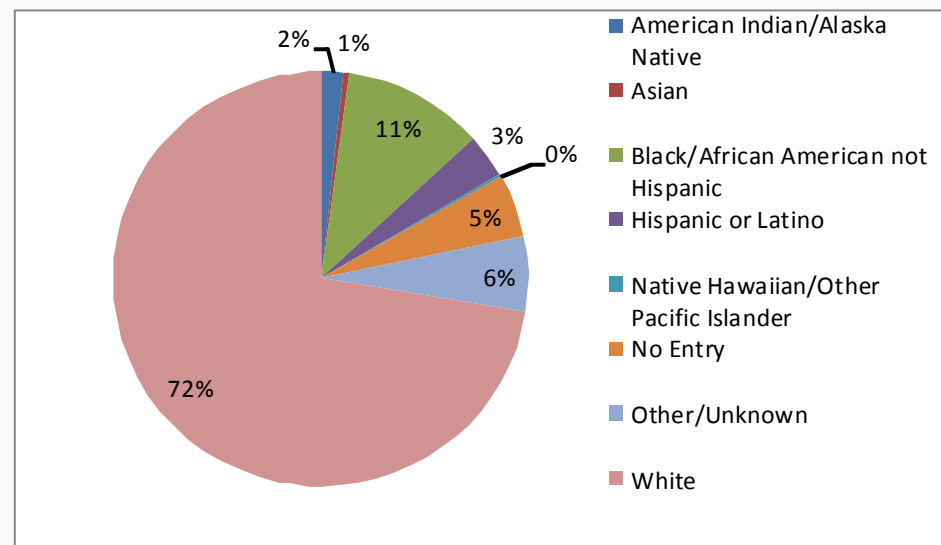
Hours by Location

Leavenworth	55,975
Atchison	38,601
Oskaloosa	18,897
Total	113,473

Clients by Age and County

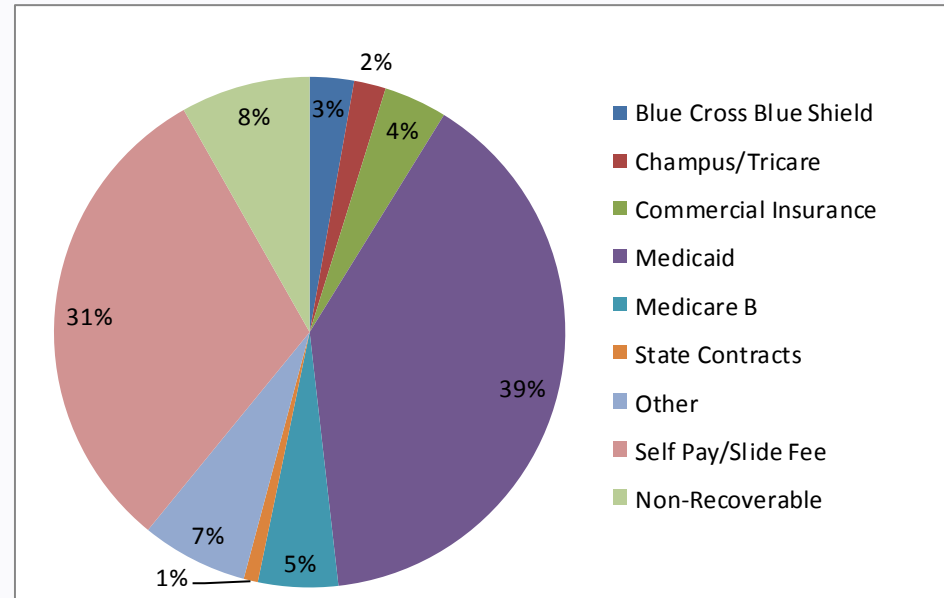
	0-5	6-11	12-18	19-30	31-40	41-50	51-64	65+
ATCHISON	47	229	274	192	144	113	110	37
LEAVENWORTH	92	431	617	521	492	362	364	98
OSKALOOSA	19	117	168	82	90	74	93	21
Total	158	777	1059	795	726	549	567	156

Clients by Race



The Guidance Center provided behavioral health services for 4,996 individuals in 2018. Of those seen, 1,548 were uninsured and received services based upon a slide fee scale.

Revenue/Claims Paid



Summary of Operating Expenses and Revenue

Revenue	2018
For services provided, TGC billed clients:	\$9,520,238
But because of required contractual and other allowances, and the inability of patients to pay in full, TGC wrote off:	\$3,007,515
Therefore net income from patient services was:	\$6,512,723
In addition TGC received:	
State Aid	\$323,826
County Taxes	\$281,325
Grants & Other	\$1,305,720
Total Operating Revenue:	\$8,423,594
Operating Expenses	
TGC Paid:	
For Salaries, Wages, and Employee Benefits	\$6,946,506
Supply and ancillary services, and depreciation	\$1,663,840
Total Operating Expenses:	\$8,610,346
Excess of Expenses Over Revenue	\$186,752

ACCOMPLISHMENTS IN 2018

In 2018, TGC was awarded three grants totaling \$116,472:

- A \$58,010 KDOC grant for Project Change
- A \$5,000 KDOT Operating grant
- A \$46,917 KDOT Capital grant
- A \$5,100 Community Development Block Grant from the City of Leavenworth to aid in utility costs
- A \$1,045 Westar Energy Grant for new curriculum materials for our TARGET program
- A \$400 Fort Leavenworth Spouses Club Grant for the Summer Program

Celebrated 80 Years of Service to our Communities.

Established Community Task Forces to Examine Gaps in Service in Atchison and Leavenworth Counties

Keith Rickard was appointed by Governor Colyer to serve on the Governor's Substance Abuse Task Force

County Funding Increased by \$31,665

Added Project CHANGE which treats juvenile offenders who struggle with anger, substance use, and criminal behavior

Continued to offer crisis care and we began a consultation relationship with St. John's and their geriatric psychiatric ward

After being trained in January, we performed 38 autism evaluations in 2018

TGC encourages its staff to work toward building relationships and creating partnerships in the communities we serve. TGC staff were actively involved in our local communities in 2018 through active participation on child abuse prevention councils, human service councils, community anti-drug coalitions, disaster response taskforces, health clinics, homeless initiatives, and service clubs.

Clients by Diagnosis

