

## MESSAGE FROM THE EXECUTIVE DIRECTOR

The Guidance Center remains focused on providing state of the art mental health and addiction services to the citizens of Atchison, Jefferson, and Leavenworth counties. Our service and financial data continue to reflect a strong demand for services. The Board of Directors and our staff worked hard to ensure continued quality with a focus on innovation and evidence based practices.



This past year we have published weekly true stories of our clients' journey into recovery for our board and staff members. They are amazing stories that encourage us all. Our staff can see they are having a major impact in the lives of other people and thus they are fulfilling the purpose of their calling. I am going to cut my message short here so that I can share one of those stories.

When May arrives this year, with all of the highly anticipated pomp and circumstance, one of our TGC successes will be marching in that line. As she passes by, some might whisper, wondering how.... But most will celebrate and share the amazing accomplishments this young lady has earned. This young lady's walk will signify many 'behind the scene' supports that were essential in redirecting a bright mind, preserving a loving heart and, most importantly, the desire to move forward and live life to its fullest.

In the shadow of this young lady's walk, stands a committed therapist, who gently began a process of unraveling compounded grief, with recovery and healing. During the process of recovery, our client learned the importance of adding a relationship with one our medical doctors, who was/is essential in helping find the best medications to add additional support in the midst of deep depression and self-harming thoughts.

The therapist also encouraged this young lady to remain open-minded, and expand her services to include case management. This step was essential in the evolution of the client's overall success as she began moving toward long-term goals, and back out into the community following a life altering event. The services of the case manager were critical to ending the growing isolation the client was experiencing and the restoration of a healthy identity and self-confidence.

She will begin college in the fall with an academic scholarship and the knowledge that she possesses what it takes to continue down her path of success.

I think you will agree with me. The Guidance Center is making a difference in lives of the people that you work with, go to school with, play with, socialize with, worship with, and perhaps live with. We look forward to doing that even better in 2014.

Keith Rickard, Executive Director

## TGC EXECUTIVE TEAM

### Executive Director -

Keith Rickard, MS.LCP, MBA

### Medical Director -

William Warnes, MD

### Operations Director -

Kate Werring, LSCSW, ACSW

### Clinical Director -

David Barnum, Ph.D.

### Community Based Services Director

Samantha Adams, LMSW

### Finance Director -

Jerry McDonald, MA

### Information Systems Director -

Erik Nyberg, MHSA

### Human Resource Director -

Kristin Estes

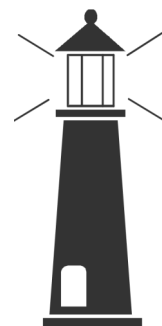
### Community Relations Director

Vicky Kaaz

## 2013 DONORS

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Dave Barnum	Steve & Vicky Kaaz	Patricia Meid
Jay Byrnes	Donna Fisher	Lisa Moon
AMSTED RPS	Erik Nyberg	JR Reilly
Will Warnes, M.D.	Nancy Coaker	

**The Guidance Center Staff and Board of Directors wish to express our gratitude to the individuals and businesses who provide financial support to The Guidance Center. Your 2013 investment will enable us to provide sexual abuse prevention and education services for individuals and families in our communities.**



## THE GUIDANCE CENTER

500 Limit St., Leavenworth, KS 66048 - 913-682-5118

201 Main Street, Atchison, KS 66002 - 913-367-1593

1102 Walnut 66066, Oskaloosa, KS - 785-863-2972

[www.theguidance-ctr.org](http://www.theguidance-ctr.org)

# THE GUIDANCE CENTER

Atchison, Jefferson & Leavenworth Counties

*Promoting Healthy Communities by providing integrated behavioral health care services and partnering in the delivery of general healthcare to those we serve.*



*"The most authentic thing about us is our capacity to create, to overcome, to endure, to transform, to love and to be greater than our suffering." ~ Ben Orki*

# 2013 ANNUAL REPORT TO OUR DONORS & STAKEHOLDERS

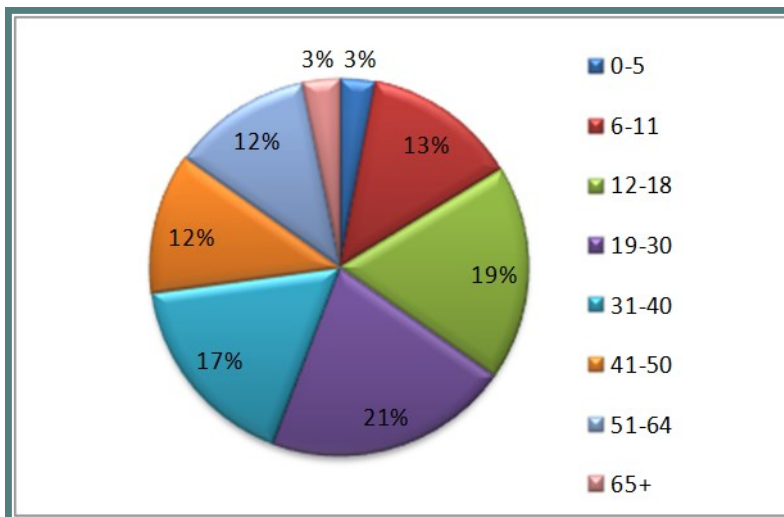
### 2013 BOARD OF DIRECTORS

<b>Atchison County</b> Jim Krone Rea Laffin Paul Moccia Aggie Asher	<b>Jefferson County</b> Pat Happer Loren Lutes Tim Marshall Ron Langston	<b>Leavenworth County</b> Jay Byrne, President Jerry Gies, Secretary/Treasurer Kathryn Meyer, Vice President Laura Batson
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The Guidance Center provided behavioral health services for 4,944 residents in 2013. This was a 22% increase over 2011. Of those seen, 1,675 were uninsured, and received services based upon a slide fee scale.

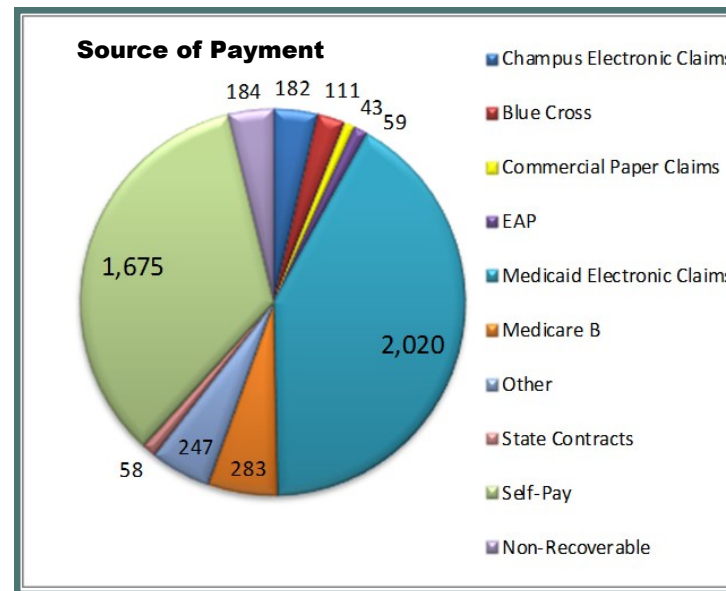
Direct Service Hours	2013	2012
Outpatient Therapy, Med Management & Groups	23,202	22,935
Youth Case Management	18,250	20,091
Early Childhood Case Management	3,314	2,670
Youth Psychosocial	53,348	48,618
Psychosocial EC	18,889	13,812
Youth Attendant Care	8,369	9,450
Parent Support	1,837	2,450
Home Based Therapy	0	413
Respite	1,132	939
Adult Case Management	9,660	9,671
Adult Psychosocial	14,117	12,647
Federal Probation & BOP	1,676	2,482
Peer Support	40	166
Adult Attendant Care	256	411
Emergency Services	1,510	1,537
<b>TOTAL</b>	<b>155,600</b>	<b>148,292</b>

#### Clients By Age



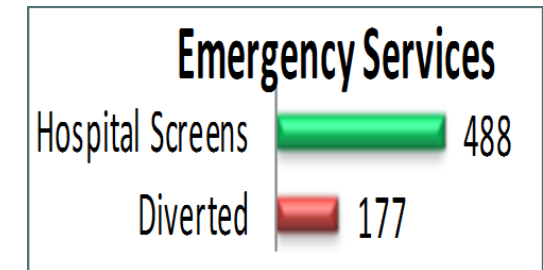
CLIENTS SERVED BY COUNTY (UNDUPLICATED)	2012	2013	% Change
Atchison County Residents	1,147	1,070	-7%
Jefferson County Residents	579	610	+5%
Leavenworth County Residents	2,815	2,830	+2%
Out of County Residents	421	434	+3%
<b>TOTAL SERVED EXCLUDING NON-RESIDENTS</b>	<b>4,962</b>	<b>4,944</b>	<b>&lt;1%</b>

TGC has experienced an 83% growth in the number of clients seen since 2003.



Revenue	2012	2013
For services provided, TGC billed clients:	\$10,463,683	\$11,000,670
But because of required contractual and other allowances, and the inability of patients to pay in full, TGC wrote off:	\$2,395,723	\$2,908,293
Therefore net from patient services were:	\$8,067,970	\$8,092,377
In addition TGC received:		
State Aid	\$323,826	\$323,826
County Taxes	\$203,195	\$192,790
Grants & Other	\$844,884	\$1,054,479
<b>Total Operating Revenue:</b>	<b>\$9,439,985</b>	<b>\$9,663,472</b>
<b>Operating Expenses</b>		
TGC Paid:		
For Salaries, Wages, and Employee Benefits	\$7,500,914	\$7,778,622
Supply and ancillary services, and depreciation	\$1,855,277	\$1,788,933
<b>Total Operating Expenses:</b>	<b>\$9,356,191</b>	<b>\$9,567,555</b>
<b>Excess of Revenue Over Expenses</b>	<b>\$83,684</b>	<b>\$95,917</b>

The cost for hospitalization at a state supported facility, is \$632.00 per day. The average length of stay is 12 days. The cost of community based services averages \$125 per day. By diverting 177 individuals from hospitalization, TGC saved tax payers approximately \$1,076,000.



In 2013, The Guidance Center identified and provided services for 29 homeless individuals with serious mental illness through our Program for Assistance in Transition from Homelessness grant.

#### Clients By Diagnosis

Affective Disorders	1,289
ADHD/Disruptive Behavior	711
Adjustment Disorder	469
Anxiety Disorder	371
Schizophrenia	251
Substance Abuse Related	218
V-Codes	56
Personality Disorders	32
Impulse Control Disorder	28
Other Diagnosis	1,998

#### Clients By Race

