

## Internship Expectations

Interns are expected to complete 2000 hours of supervised training experience during a 12-month training year. Throughout the internship, interns are expected to abide by the highest ethical standards, expand and enhance their professional skills, and prepare for entry into the profession of psychology. Interns will incorporate both relevant empirical findings and a scientific method in the provision of psychological services during this year.

### Applications

Interested applicants should submit APPI parts I and II, along with a cover letter, three letters of recommendation in sealed and signed envelopes, curriculum vitae, graduate transcripts, and a sample assessment report to Dr. Barnum at The Guidance Center. Questions? Please contact Dr. Barnum through any means listed.

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# Pre-Doctoral Psychology Internship

The Guidance Center  
Leavenworth, KS



2009-2010 Internship Year

## Internship Description

Primary placement is in outpatient services clinic with rotations in recovery services, crisis services, and either Community Support Services (adults with severe mental illness) or Community Based Services (children and youth with severe emotional disturbances). Supervision is provided by two PHD supervisors for all case work, plus rotational supervisors who manage the program which houses the rotation. The initial phase of the internship year represents orientation to the CMHC and CMHC system in Kansas, initiation of clinical work, and initial training on initial assessments, diagnosis, risk assessment and management, ethical reasoning, and core elements of effective treatment. The middle phase of the year represents a working and honing phase as we add in more psychological assessment work, shift into more advanced training topics, implement live supervision, and support supervision of practicum students by interns. The final phase of the internship year is focused on encouraging more independent professional functioning within the supports provided by the internship faculty.

### Supervision

Each intern receives a primary and secondary clinical supervisor and divides their outpatient caseload between those two supervisors. They are welcome to select a third supervisor if they wish, but must maintain a minimum of two supervisors throughout the year. Additionally, interns receive supervision from rotation supervisors when working within a given service. Each intern receives a minimum of 2 hours per week of individual supervision, plus up to 3 hours per week of group supervision. Primary supervision is provided by licensed psychologists. Additional, rotation-specific supervision is provided by other licensed professional staff who manage those programs.

### Goals

Provide clinical assessment of the psychological functioning of consumers, including the appropriate integration of formal psychological testing procedures.

Identify, develop, and apply appropriate psychological interventions, based on empirical data from both scientist-practitioner and local clinical scientist models

Work effectively with a multidisciplinary team of mental health service providers while clearly maintaining the role of psychologist on that team.

Expand and enhance understanding of, facility with, and application of Ethical Principles and Practice Guidelines of the American Psychological Association, as well as issues of diversity in the delivery of psychological services.

Cultivate the intern's professional identity while assisting and supporting the identification of his or her particular professional interests

### The Training Site

All training occurs at The Guidance Center, a community mental health center that serves three rural counties in Kansas. All interns are based at our Leavenworth location, and may elect to participate in rotations in the more rural sites located in our other two counties. The Center is composed of a multidisciplinary, integrated treatment team of an entire range of mental health professionals and paraprofessionals. The mission of TGC is to provide quality care to the residents of our three county area, especially including those who have limited or no means to pay for their care and those affected by severe mental illness. TGC is part of a larger network in Kansas that works to minimize placement of those with severe illness outside of their home communities, even in the event of crises and exacerbated symptoms.

### Rotations and Experience

Interns provide a range of clinical services to a broad array of consumers, including individual, family, couples, and group therapies, consultation, supervision of practicum students, psychological testing, and participation in state and local efforts to enhance and coordinate psychological services.

Additionally, rotations provide interns with exposure to a broad array of severity levels and service models, including crisis services, substance abuse treatment services, and service for adults and children with severe mental illness.

### Population Served

The Guidance Center serves a diverse range of individuals and families in three predominantly rural counties of Kansas. The presence of a military base in our community, as well as a number of correctional facilities, expands the diversity of our clientele and the clinical problems that we treat. Our primary purpose is to provide quality care to the residents of our three counties, regardless of genuine inability to pay. Many of those we serve have limited or no means for accessing care through other sources. We serve a broad range of community members, from those with adequate financial means to those with no means, those struggling with adjustment to life issues to those struggling with severe mental illness, and those freely seeking treatment on their own to those ordered to attend treatment services by the Court or corrections.

### The Guidance Center

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